

# How to care for your new kitten



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Kittens love nothing more than looking for trouble. Here's what new cat owners need to know to avoid a hairy situation.

## Complete physical

- ♥ Schedule a complete physical at the time of adoption to check for internal and external parasites and overall wellbeing
- ♥ Sign up for pet insurance right away—this will maximize your coverage by avoiding pre-existing exclusions

## Nutrition

- ♥ A kitten's diet can impact her lifelong health
- ♥ Provide the nutrients necessary for development with quality food specifically made for kittens

## Identification

- ♥ Kittens are curious explorers, but not always the best navigators
- ♥ Provide an ID tag and microchip; if your kitty gets out, these may be the only chance of finding home

## Vaccinations

- ♥ Kittens need vaccinations every 3-4 weeks until they're 16 weeks of age

## Housebreaking

- ♥ Rule of thumb: One litter box per cat, plus one to spare
- ♥ Developing appropriate cat scratching behaviors is important to establish boundaries

## Safety first

- ♥ Curiosity and the tendency to chew can lead to serious risks
- ♥ Remove toxic plants, meds and foods
- ♥ Provide chew-safe toys
- ♥ Use electrical cord protectors

## The top 9 health issues in cats younger than 1\*

Ear infection

Eye infection

Skin allergies

Skin infection

Asthma/allergic bronchitis

Upper respiratory infection

Vomiting/upset stomach

Diarrhea/intestinal upset

Bladder infection

\*Source: Nationwide claims data  
Chronic conditions may require life-long treatment

Kittenhood is the ideal time to sign up for pet insurance and get financial help with vaccinations, checkups and other veterinary needs.

Receive your special discount at [NationwideForMyPet.com](https://NationwideForMyPet.com) or call 800-944-9742 and mention code VH0103.

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